



1. Walk in box and turn 360 right
2. Walk over bridge and jog
3. Turn 90 left, backup, turn 180 left
4. A few steps sidepass left and right, than walk, than jog
5. Jog over poles
6. Jog over poles
7. Work gate

- ..... Walk
- — — — — Jog
- — — — — Lope
- ΛΛΛ Backup
- ↻ ↕ ↻ Sidepass